**Slave Treatment and Rations**

The men and women slaves received, as their monthly allowance of food, eight pounds of pork, or its equivalent in fish, and one bushel of corn meal. Their yearly clothing consisted of two coarse linen shirts, one pair of linen trousers, like the shirts, one jacket … one pair of stockings, and one pair of shoes; the whole of which could not have cost more than seven dollars.

The clothing allowance of the slave children was given to their mothers, or the old women having the care of them. The children unable to work in the field, had neither shoes, stockings, jackets, nor trousers, given to them; their clothing consisted of two coarse linen shirts per year. When these failed them, they went naked until the next allowance day. Children from seven to ten years old, of both sexes, almost naked, might be seen at all seasons of the year.

Source: *Narrative of the Life of Frederick Douglass* written in 1845. Frederick Douglass was a famous runaway slave who  
 wrote an autobiography about his life.

1a. Who is the author of this document? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1b. Is this a reliable source? Explain why or why not using evidence from the   
 document. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. The word *coarse* has multiple meanings. What is the context of the word in this  
 document?  
 a. vulgar b. poor quality  
 c. indecent d. lacking in refinement

3. Money has a value that changes over time. Do you think $7 a year in clothing was   
 a large, average, or small amount to spend? What clues does the author provide?  
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